

## **DEEP CLEANING SERVICE:**

Living in unhygienic conditions can also have an impact on your mental health. Therefore, it is important to keep your home clean and remove dust, germs, pests, clutter, etc. regularly. If you find it to be a challenging task then you can go for professional cleaning services

## **WHAT DOES OUR PROFESSIONAL HOME DEEP CLEANING INCLUDE?**

- Living Room, Dining Room & Bedroom Cleaning: Deep cleaning of the floor, windows, furniture, and light fixtures
- Sofa and Carpet Cleaning: Dry vacuuming, shampooing followed by wet vacuuming of the sofa, carpets and curtains
- Balcony Deep Cleaning: Deep cleaning of the floor, grill work and windows
- Kitchen Deep Cleaning: Deep cleaning of external surfaces, cabinets and appliance exteriors, and removal of grease and oil stains from all surfaces
- Bathroom Deep Cleaning: Deep cleaning of the floor, toilet seat, sink, fittings and walls
- Miscellaneous: Cleaning of the doors, door handles, cupboards, handles, wardrobe exteriors, fans, lights, windows, railings, cabinets, and switchboards

## **WHY DO YOU NEED PROFESSIONAL DEEP CLEANING SERVICE :**

- To maintain hygiene
- For peace of mind
- To save your invaluable time

## **When Should You Book A Full Home Deep Cleaning Service?**

1. Before moving into a house
2. After a renovation
3. Before or after a party or wedding
4. Whenever you feel the need for home deep cleaning
5. Before Diwali or any other auspicious festival

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **PEST CONTROL SERVICE:**

Are you tired of seeing cockroaches crawling around your space? Are you unable to sleep properly because of bed bugs biting? If you are facing any pest issues, it's time to find a solution. Pests can be extremely harmful. They do not only bite, damage property, and destroy things but also pose a serious threat to health. To treat this problem of pests, you can get in touch with My Family Care

## **WHAT WE OFFER:**

Residential Pest Control: Timely professional pest control services help to eliminate and get rid of various pests such as termites, cockroaches, ants, lizards and more. With the right techniques and products, you can avail effective and efficient services for a pest-free home

## **WHY IS PEST CONTROL ESSENTIAL ON A REGULAR BASIS:**

Pest control is necessary because rodents and insects carry diseases, infest your kitchens and bedrooms, and bite you or your pets. The purpose of removing any kind of pest from your home, garage, or yard is to keep you safe and healthy.

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **FULL HEALTH CHECK-UP**

### **WHEN SHOULD ONE GO FOR A FULL HEALTH CHECK UP?**

Few warning signs which indicate it's time for your health Check Up:

- Few changes like lumps or skin changes. frequent pain, dizziness, fatigue, problems with urine or stool or hormonal changes.
- If the eating habits changed, like feeling more hungry or not at all feeling hungry
- Frequently experiencing depression, anxiety, trauma, distress, or sleeping problems

### **WHAT DO WE OFFER?**

Comprehensive health check-up scientifically designed keeping in mind the multiple responsibilities and roles of the Senior citizens, aged above 50 years.

### **PRE-REQUISITES**

10-12 hours of fasting is required. Consult your physician for the intake of medication

### **WHY DO YOU NEED A FULL HEALTH CHECK-UP:**

Health Checks helps in proactive prevention and early detection of health issues that can and should be treated at all ages. By getting regular health check-ups, screenings, and treatments, the chances of getting serious health problems are reduced. They help in improving health, suggest lifestyle changes to make healthier

### **HOW IT WORKS:**

- Schedule a test
- Blood Collection at Home
- Smart Report with Trend Analysis Offered by the Certified laboratory

## **AT HOME LAB TESTS**

With age, it can be challenging for most senior citizens to step out of their homes for blood check-ups.. At My Family Care, we understand that health cannot take a backseat even if moving out of the house is not possible.

With our at home lab tests service, you have the convenience of getting blood tests at home at without compromising on your safety.

## **WHAT DO WE OFFER?**

It covers important tests like Vitamin B12 for brain & nerve health, Vitamin D for Bone Health, HbA1c for diabetes, Hs-CRP for evaluating heart risk. Our tests cover all the vital parameters.

## **PRE-REQUISITES**

10-12 hours of fasting is required. Consult your physician for the intake of medication

## **THIS TEST IS IDEAL FOR?**

- Male or female above 55 Years
- Senior citizen having Chronic disease like Diabetes, Cardiac (Heart) & more
- People suffering from Joint Pain, Obesity, Nerve Health & more
- The home visit service is especially helpful for elders having weaker immunity and who are at a higher risk of facing major complications and infections.
- So instead of heading outside, having your blood sample collected at home is a safer way to ensure all health needs are fulfilled.

## **HOW IT WORKS:**

- Schedule a test
- Blood Collection at Home
- Smart Report with Trend Analysis Offered by the Certified laboratory

## **ELECTRICIAN SERVICE:**

Searching for a reliable and licensed electrician is a task in itself. At the same time, any electric faults can't be left unattended. If you find yourself stuck in such a situation, don't worry. My Family Care brings you the best electricians at home in your city.

## **WHEN DO YOU NEED A PROFESSIONAL ELECTRICIAN:**

While there are some home repairs that you can attempt yourself, such as fixing a leaky faucet, electrical repairs are not included in that list. You should hire a professional electrician for all electrical repairs.

You should hire a professional electrician to protect your peace of mind. Having an expert service your electrical system will help extend its lifetime and prevent future problems. Electrical work performed by a professional electrician is also usually guaranteed, meaning that if the problem persists or recurs, they'll come back to make it good free of charge.

## **WHAT WE OFFER:**

- **Repairs and fixes:** Get your electric faults/electrical devices repaired at your home in your city with myfamilycare
- **Electricity breakdown:** We take care in case of an electricity break down
- **Electric wiring:** Faulty wiring is risky and can't be left unattended. Get the best electricians to get your home re-wired, at affordable rates.
- **Installation service:** Get any electrical installation done at your home from the best electrical contractors.

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.



## **PLUMBER REPAIR SERVICE:**

Is water leaking from the tap? Is your kitchen sink pipe got choked? Or do you simply need a new pipe line fitting? Our fully equipped Plumbers are well trained at all kinds of fittings, installations and repairs.

## **WHAT WE OFFER:**

Our plumbers provide you with the best plumbing solutions, making it easier for you to keep your house plumbing in check.

Repairs and fixes: Just like everything, house plumbing needs to be taken care of. There are few materials or machines that require constant repairs. We can take care of those repairs on a regular basis

Replacement: Replacing a part doesn't have to be exhausting now. You can easily replace bathroom plumbing or kitchen plumbing with the tap of a button

## **WHEN DO YOU NEED TO CALL A PLUMBER**

- YOUR WATER HEATER IS SWEATING
- YOU HAVE LOW WATER PRESSURE
- YOUR DRAINS WON'T DRAIN
- YOUR FAUCETS WON'T STOP DRIPPING
- YOUR TOILET KEEPS OVERFLOWING

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **CARPENTRY SERVICE:**

A lot of energy and time is invested in keeping a house together. Maintaining the wood-work at home is a major task. There might be a squeaky door hinge that needs your attention or a broken door knob that may need some fixing. A window frame might need some re-doing or you may want a new customized wooden shelf for the room. But in today's time, it becomes a difficult task to get these things done. With an already hectic schedule, you can't take the overhead of finding a good carpenter

## **WHAT WE OFFER:**

Repairs and fixes: You can get your furniture or any other wooden work repaired and fixed.

Furniture assembly: My Family Care provides you with the best carpenters to assemble your furniture.

Furniture making: The carpenter visits your home to discuss your requirements for the project. Get the best furniture carpenter in your city.

Furniture repair: Get your furniture repaired from the best carpenters in your city

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **RENT A CAR:**

Are you planning to arrange a short outing for your parents? or a short drive within the city and can't find a trusted car rental service provider in your city? My Family care takes away the hassle of finding a local service provider and offers you a seamless transportation service at your doorstep.

## **WHAT DO WE OFFER?**

Rent-a-Car (4 Hours/40Km within the city LIMITS)

A luxurious and stylish solution for your travel needs, With a fleet of cars, our car rental services assure seamless transportation by offering the highest possible standards for all the passengers. Good to accommodate 4 people.

## **WHEN WOULD YOU NEED TO RENT A CAR?**

- Daily Errands
- Doctor Appointments
- Outing with friends within the city
- Exploring a new city
- Airport pick up & drop
- Temple visits and many more...

## **HOW IT WORKS:**

**Book & Pay:** Pick your, time and place

**Receive:** We will deliver the car to your doorstep

**Drive:** Enjoy your self drive

**Return:** Get the car back to the return location, and we will take it from there



## **RENT A CAR – OUTSTATION:**

Are you planning a weekend get away for your parents? or want to visit a temple in a different city? find a trusted car rental My Family care takes away the hassle of finding a local service provider and offers you a seamless outstation experience.

## **What Do WE OFFER?**

### **Rent-a-Car-Outstation (250 KM)**

When you choose us for your cab booking requirements, we offer you premium services, and most importantly, high reliability.

Our car rental services assure seamless transportation by offering the highest possible standards for all its passengers. Good to accommodate 3-4 people with standard 250 Km/day drive offering.

Hygiene is the top-most priority for My Family Care. That's why, they ensure that the cab you book is absolutely clean. We ensure that every car is sanitized before the journey and all the safety protocols are followed thoroughly.

## **WHEN WOULD YOU NEED TO RENT A CAR-OUTSTATION ?**

When you want to visit a explore city, enjoy the scenic beauty of nature, the smooth highway roads, studying the diverse cultures and tasting the lip-smacking local food once when you are on holiday. There is a lot you can explore on a road trip, and My Family Care is there to be your travel companion.

## **PREREQUISITES:**

Driver's license

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and handover the car. You can return the car to the same location

## DOCTOR ON CALL

### WHAT ARE THE BENEFITS OF DOCTOR ON CALL?

- No Risk of Infections From the Doctor's Clinic
- Learn About Your Own Health
- Comfortable and Convenient
- Privacy and Security
- Get Your E-Prescription at home

### WHAT DO WE OFFER?

Online consultation with Doctor.

Our team of doctors and experts are available round the clock to take care of you and your family.

General Physician | Diabetologist | Dermatologist | Mental Health (Fortis)

Gastroenterologist | Critical Care Specialist and many more...

### PRE-REQUISITES

Wi-Fi connection for video calling

### HOW IT WORKS:

- Schedule a call
- Consult a Doctor: Connect with a specialist doctor and explain your health issues
- Get Diagnosis and Medical Advice
- The doctor patiently understands your health issue and sends a digital prescription on email

## **CAR STEAM / FOAM WASH**

Are you looking for a professional car wash service at your doorstep? We at My Family Care mainly focus in providing quality service, customer satisfaction at a great value in the comfort of their homes. Our goal is to provide our customers with the friendliest, most convenient Complete Car Washing & Detailing Service experience possible.

### **WHAT DO WE OFFER?**

#### **CAR INTERIOR:**

- Seat Cleaning, Washing & Vacuuming
- Floor Cleaning, Washing & Vacuuming
- Mat Cleaning, Washing & Vacuuming
- Roof Cleaning, Washing & Vacuuming
- Dashboard Cleaning, Washing & Vacuuming
- Door Panel Cleaning, Washing & Vacuuming
- Windows Cleaning & Washing
- Cargo Space Cleaning, Washing & Vacuuming
- Trunk Cleaning, Washing & Vacuuming

#### **CAR EXTERIOR:**

- Full Body Cleaning & Washing
- Tyre Cleaning & Washing
- Engine Cleaning & Winding
- Windscreen Cleaning & Washing

### **PRE-REQUISITES**

Adequate Water Supply and Electric socket

### **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **DRIVER AT YOUR SERVICE**

Whether you need to go for your weekly grocery shopping trips, or are looking for a relaxed ride back home or to a business meeting, we have you covered. Our drivers across the city would love to chauffeur you from wherever you are. So, let our drivers deal with the traffic, the signals or traffic rules, while you enjoy your ride.

## **WHAT DO WE OFFER?**

Driver at your Service for 4 hours:

Professional and Trained Drivers following all safety guidelines at your service for 4 hours.

You can hire a driver, online for various purposes such as for a one way drop, a round trip, etc. Our driver will drive you in the luxurious comfort of your own car.

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your destination as per the scheduled date and time and take care of everything.

## **PASSPORT APPLICATION**

Struggling with filling the application form for passport?

We are here to assist you at every step of the process.

If your parents need to travel to any other location, they might require assistance with visa, passport, and tickets. Our Care Managers are well-equipped to address all their traveling needs.

## **WHAT DO WE OFFER?**

Apply for a new / reissue Passport of your dear ones back in India. Just a click away and get the Passport at their doorstep within 15 days after visiting the passport office. The charges are inclusive of passport application fees and service charges.

## **PRE-REQUISITES: Scanned copies of the following documents-**

- Birth Certificate
- Address Proof (Aadhar card)
- Non ECR Proof (10std mark sheet)

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will assist you with the application for passport by

- Creating your account on [passportindia.gov.in](https://passportindia.gov.in)
- Form filling online
- Making the payment on your behalf
- Uploading the documents
- Scheduling an appointment at the passport office

## **VISA APPLICATION**

Finding it difficult to file for a VISA application?

We are here to assist you at every step of the process.

If your parents need to travel to any other location, they might require assistance with visa, passport, and tickets. Our Care Managers are well-equipped to address all their traveling needs.

## **WHAT DO WE OFFER?**

Just plan the next travel destination for your dear ones back in India, we will take care of their Visa requirements. Note: Visa application processing fees is at actuals.

## **PRE-REQUISITES:**

- Passport

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will assist you with the application for VISA by

- Form filling online
- Making the payment on your behalf
- Uploading the documents
- Scheduling an appointment for interview at the embassy
- Scheduling an appointment for OFC i.e. your biometric test

## **PHOTO ID**

Are you struggling with the application for Aadhar card/PAN card?  
Don't know how to apply for a renewal of your driving license?  
Use our experts to help you with tedious paperwork and legal or filing assistance

## **WHAT DO WE OFFER?**

Hassle-free service for procuring new or updating existing necessary Photo ID's for your dear ones. The charges are inclusive of application fees and service charges

- Legal documentation assistance
- Aadhar card / voter ID assistance
- Senior Citizenship card
- Driving License
- PAN Card

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will assist you with the application for new issue or r of by

- Form filling online
- Uploading the documents
- Scheduling an appointment

## **AT HOME NURSING CARE**

Looking for post-surgical care, Elderly care, Urinary catheterization care, Wound care, or other nursing assistance? Get all of this, and more in the comfort of your home by highly qualified and experienced nurses.

## **WHY DO YOU NEED IN-HOME NURSING FACILITY?**

An in-home nursing service offers personalized nursing care at home as offered in a typical hospital while being more compassionate towards the patient and gets integrated into the patient's family and develops an emotional bond with the patient and their family.

## **WHAT DO WE OFFER?**

We can arrange the nursing care for stay-in (24 hours) and stay-out (for 8 hours). Both Male and Female nurses are available based on the requirement. The price shown is for 8 hours of service. The customized package can be offered for a week, fortnight or month. Meal charges are included in the cost. For more details, please contact us at [info@myfamilycare.in](mailto:info@myfamilycare.in)

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will take care of the rest.





## **LEGAL SERVICES**

Looking for a trusted source to take care of all the legal assistance that your parents may need? Our well equipped legal team that could help your parents with any kind of Legal and insurance services. We make sure that your parents' take an informed decision and get appropriate legal assistance.

## **WHAT DO WE OFFER?**

My Family Care Legal business unit brings on-demand legal services when you need them. Our attorneys can review and advise on a range of legal agreements, executing power of attorney, including allied services that may be required by the Government e-initiatives in India. Preparing and executing any one legal document - Lease & License, Sale agreement, Power of Attorney, Will agreement

## **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will take care of the rest.



## **TECHNICAL ASSISTANCE AT HOME**

Technology can be daunting and overwhelming for seniors. If your parents are struggling to navigate video calling apps and social media, we're here to help! Our Tech experts can handhold seniors and teach them to use common apps like Zoom or Facebook. They can also provide troubleshooting services on the phone or in person.

### **WHY DO YOUR PARENTS NEED TECH-ASSISTANCE:**

- They want to talk to their children and grandchildren overseas
- Virtually video chat with old friends and colleagues
- To browse the internet to watch a cookery show etc.

### **WHAT DO WE OFFER?**

Should your family need the latest phones, gadgets and ensure apps are installed, our team members can not only deliver the products but also train/guide so that the basic usage of features is easy. That way, you and your family can stay connected.

1. Virtual meeting assistance (Zoom/Google Hangouts)
2. Creating & using social media accounts
3. Installation & usage of popular apps (Zomato/Uber/Netflix)
4. Personalised tutorials for using common apps/gadgets

### **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will take care of the rest.

## **IP CAMERA FOR REMOTE ACCESS**

If you want the best in home security cameras for elderly, My Family Care is certainly your top choice.

### **What Do WE OFFER?**

My Family Care offers wireless installation and maintenance of IP camera systems so that you can ensure the safety of your parents and property. Systems can be installed to record/review and allow for two way communication as well. Systems are installed within a few hours, using reliable hardware, software, and security protocols. We ensure that the whole House / Office reaches the optimum level of remote view access with four installed cameras.

### **FEATURES OF IP CAMERA:**

- 2-way intercom
- 1080P Full HD Recording
- 2 MP Camera
- IP-66 rated water resistant
- Night Vision
- Smart WIFI
- Motion detection feature
- Remote access to the user

### **PRE-REQUISITE:**

Secure Wi-Fi connection

### **HOW IT WORKS:**

Schedule a service with My family care. Upon confirmation our service provider will arrive at your doorstep, install the cameras & provide guidance for the functionality of the product.



## **YOU CHOOSE WE DELIVER - My plan**

Want to plan an entire years' services for your senior parents in one go? By listening and understanding your requests, we match you with a qualified caregiver that meets your requirements. You can reach out to us to discuss the kind of help you require whenever you need us.

### **What Do WE OFFER?**

Create your own package from our range of services and send it to us. We will be delighted to organise all the services you choose and craft your personalised package at an affordable price. Write to us at [info@myfamilycare.in](mailto:info@myfamilycare.in)

### **NOW YOU CAN BOOK:**

- Any service, Any number of times
- Club multiple services and create a package of your own
- Book services for multiple recipients
- Write to us for a specific service that we don't provide currently